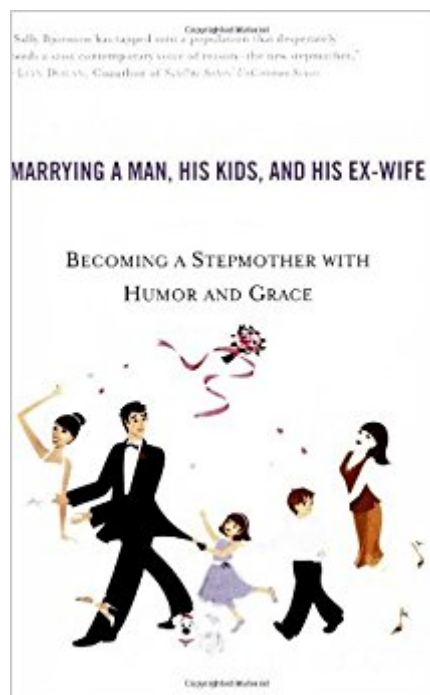


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# The Single Girl's Guide To Marrying A Man, His Kids, And His Ex-Wife: Becoming A Stepmother With Humor And Grace



## Synopsis

A funny, honest, and empathetic resource for the novice stepmother, which includes advice on The kids: Adjusting to suspicion, resentment, and biological-parent loyalties; The ex-wife: Living calmly alongside her, whether she's a psycho or the perfect mother; The holidays: Accommodating old family traditions and developing new ones; The sex: Keeping love alive through the kids' bed-wetting and nightmares. Plus an invaluable list of resources, websites, publications, and organizations specifically for the new stepmother.

## Book Information

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## Customer Reviews

Sally Bjornsen is a commercial artist representative and author. Bjornsen has published one nonfiction book and various essays in anthologies. When Bjornsen is not writing or working, she is blogging and has her own internationally popular blog, [thegreatamericanappareldiet.com](http://thegreatamericanappareldiet.com). Bjornsen has been a stepmother guest expert on the ABC Radio Network's nationally broadcast Satellite Sisters. She lives in Seattle with her husband Mark, their son, and her two stepsons.

I have read this book three times over. I turn to it when I start taking myself and my situation too seriously. My story is much more tumultuous than Sally's (I have four young stepchildren, a PEW, and a new business of my own complete with relocation), but I relate on so many levels. These stories have gotten me through some tough times with laughter and logic. If you are single without children of your own, think of yourself as intelligent and of a good sense of humor, and thinking of

marrying a guy who already has a family from a previous marriage you owe it to yourself to give this book a chance. It will teach you so much more about what you owe to yourself and then some.

It is a wonderful book! We met whilst my man still was married and on top of the ex- and 2 toddlers, I had to deal with the separation stress, a divorce, confused children and a fight for half of their custody. Before that book I had almost 0 idea how to behave and I'm very grateful to the author as her advice and guidance enabled me to create some balance and happiness in our household even though we were in the middle of a war zone.

YES. This needs to be a staple in every stepmom's reading list...30 pages in I felt so relieved that I wasn't the only woman feeling this way. The book does an excellent job of explaining real-life experiences and being honest about (very much relatable) situations and feelings. It put a lot into perspective for me. I understood bio-mom much better (even though she would be categorized as "psycho" according to the author's description) and it made me reflect on how my actions are perceived by my man and my step kids. Stepmom-ing is hard, don't make it harder on yourself by feeling isolated or alone in your struggles. Easy read, good lessons.

This book is a **MUST** read for stepmoms and anyone in a stepmom-type role. Not only does this book flesh out a lot of the obstacles most of us will/have hit, it does so with humor (much appreciated!). I laughed out loud several times while reading :-). I disagree with other reviewers that this book is corny or creepy, I think it is very funny, well-written, and frankly, **TRUE**. But what I most appreciate are the exercises/examples at the end of each chapter that help us to prepare and deal with a lot of the difficulties that come with being a stepmom. After laying out the problem, and helping us to vent (needed!!!), the author helps us to positively deal and be proactive about improving the situation. **THAT** is what helps us get through the challenge of being a stepmom! That is what makes this book so useful.

I'm in this situation and this is by far the most helpful book I've ever read. It's a very different becoming a stepmother when you've already been a biological mother, versus becoming a stepmother when you've been a single girl most of your life. This book is filled with humor, great advice, and the comfort of reading people's stories he's been in a similar situation is so comforting. Highly recommended.

Absolutely amazing book. Well written, funny and downright enlightening. If you are a person who relies on humor and has a stronger personality and are trying to learn how to be an effective step-mom while not losing your mind...I strongly recommend this book. I read it, my fiancée read it, we both absolutely cherish both the advice and the spunky and sassy way the message is conveyed.

Horrible book! Basically tells you you're gonna be treated like crap and to accept it. Waste of money!

I ordered this book still maintaining some optimism about my choice to date a divorced man and his THREE children. In all honesty the book was very well written and had some great pointers - but it was a little depressing. To sum it up - it pretty much made me feel like I will never compare or hold a candle to the children's real mother and will always feel like an outcast with "bio-moms" as the author likes to call them. I am still new at this and hoping that my optimism doesn't fade much faster, but if you are looking for a reality check from the rose colored glasses - this book is perfect for that! I think every relationship is different and there are so many different aspects to the new extended family. But all in all it's a quick and interesting read.

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